

PURPLE BELT REQUIREMENTS

STANCES	ALL PREVIOUS BELT STANCES		
BLOCKS	KNIFE HAND HIGH BLOCK	KNIFE HAND OUTSIDE BLOCK	
PUNCHES/STRIKES	PALM STRIKE	BACK FIST	REVERSE HIGH & LOW ELBOW STRIKES
KICKS	OUTSIDE CRESCENT	JUMP ROUNDHOUSE W/ FAKE	SPINNING SIDEKICK
STRIKE DEFENSE	<i>*SEE DEFENSE SHEET</i>		
TAKEDOWNS	SIDE FALL BREAK	JUDO TAKEDOWN	
SPARRING	SPARRING WITH GEAR KICKS TO BODY, OPEN HAND TO SIDE OF HEAD, STRAIGHT PUNCH TO FACE		
FORM	(PURPLE/WHITE TO PURPLE) TAEGUEK EE JANG MOVES 1-6	(PURPLE TO PURPLE/BLACK) TAEGUEK EE JANG MOVES 1-12	(PURPLE/BLACK TO ORANGE/WHITE) TAEGUEK EE JANG MOVES 1-18

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