



IRON FIST MARTIAL ARTS ACADEMY

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	MON	TUE	WED	THU	FRI
3:45pm		  <p>(Ages 4 - 7) LITTLE NINJAS</p>		  <p>(Ages 4 - 7) LITTLE NINJAS</p>	 <p>MEMBER ASSESSMENTS *BY RESERVATION ONLY</p>
4:30pm	 <p>MIXED (Ages 6½ - 15) SPEED & AGILITY</p>	 <p>(Ages 6½ - 15) MARTIAL ARTS</p>	 <p>MIXED (Ages 6½ - 15) SPEED & AGILITY</p>	 <p>(Ages 6½ - 15) MARTIAL ARTS</p>	 <p>MIXED (Ages 6½ - 15) SPEED & AGILITY</p>
5:15pm	 <p>(Ages 6½ - 15) MARTIAL ARTS</p>	 <p>(Ages 6½ - 15) MARTIAL ARTS</p>	 <p>(Ages 6½ - 15) MARTIAL ARTS</p>	 <p>(Ages 6½ - 15) MARTIAL ARTS</p>	 <p>COMBAT WEAPONS *COMING SOON*</p>
6:00pm	 <p>SPARRING CLASS *FULL GEAR REQUIRED*</p>	 <p>MIXED (Ages 6½ - 15) SPEED & AGILITY</p>	PRIVATE TRAINING	 <p>MIXED (Ages 6½ - 15) SPEED & AGILITY</p>	 <p>ADULTS/TEENS (14+) *COMING SOON*</p>
6:45pm	 <p>OLDERS (Ages 10 - Adult) SPEED & AGILITY</p>	 <p>OLDERS (Ages 10 - Adult) SPEED & AGILITY</p>	 <p>OLDERS (Ages 10 - Adult) SPEED & AGILITY</p>	PRIVATE TRAINING	<p>7PM-9PM</p> 
7:30pm	 <p>ADULTS/TEENS (14+) MARTIAL ARTS</p>	 <p>ADULTS/TEENS (14+) LIGHTSABER COMBAT</p>	 <p>ADULTS/TEENS (14+) MARTIAL ARTS</p>	 <p>ADULTS/TEENS (14+) LIGHTSABER COMBAT</p>	<p>LIGHT FORCE DUELING CLUB *COMING SOON*</p>

