

# TAEGUEK SAM-JANG

*"FIRE...KEENESS AND ENTHUSIASM"*

## ORANGE BELT FORM



Begin  
Jun Bi Stance



**(turn left 90°)**  
Left Walking  
Stance  
Left Low Block



Right Front Snap  
Kick



Right Front Stance  
Right Middle  
Punch



**(no step)**  
Right Front Stance  
Left Reverse  
Punch



**(turn right 180°)**  
Right Walking  
Stance  
Right Low Block



Left Front Snap  
Kick



Left Front Stance  
Left Middle Punch



**(no step)**  
Left Front Stance  
Right Reverse  
Punch



**(turn left 90°)**  
Left Walking  
Stance  
Right Knife Hand  
Strike



**(step forward)**  
Right Walking  
Stance  
Left Knife Hand  
Strike



**(turn left 90°)**  
Left Back Stance  
Left Knife Hand  
Block



Left Back Stance  
Left Grab



**(shift into)**  
Left Front Stance  
Right Reverse  
Punch



**(turn right 180°)**  
Right Back Stance  
Right Knife Hand  
Block



Right Back Stance  
Right Grab



**(shift into)**  
Left Front Stance  
Left Reverse  
Punch



**(turn left 90°)**  
Left Walking  
Stance  
Right Middle  
Block



Right Walking  
Stance  
Left Middle Block



**(turn left 270°)**  
Left Walking  
Stance  
Left Low Block



Right Front Kick



Right Front Stance  
Right Middle  
Punch



**(no step)**  
Right Front Stance  
Left Reverse  
Punch



**(turn right 180°)**  
Right Walking  
Stance  
Right Low Block



Left Front Snap  
Kick



Left Front Stance  
Left Middle Punch



**(no step)**  
Left Front Stance  
Right Reverse  
Punch



**(turn left 90°)**  
Left Walking  
Stance  
Left Low Block



**(no step)**  
Left Walking  
Stance  
Right Reverse  
Punch



Right Walking  
Stance  
Right Low Block



**(no step)**  
Right Walking  
Stance  
Left Reverse  
Punch



Left Front Snap  
Kick



Left Walking  
Stance Left Low  
Block



**(no step)**  
Left Walking  
Stance  
Right Reverse  
Punch



Right Front Snap  
Kick



Right Walking  
Stance  
Right Low Block



**(no step)**  
Right Walking  
Stance  
Left Reverse  
Punch



**(turn left 180°)**  
Finish  
Jun Bi Stance